



Breakfast Menu Week 3



MONDAY

Butter croissant with jam
Porridge
Choice of cereals
Fresh fruit
Toast

TUESDAY

Scrambled egg on toast
Porridge
Choice of cereals
Fresh fruit
Toast

WEDNESDAY

Waffles with fruits
Porridge
Fresh fruit
Choice of cereals
Toast

THURSDAY

French toast
Porridge
Choice of cereals
Fresh fruit
Toast

FRIDAY

Bacon rolls
Porridge
Choice of cereals
Fresh fruit
Toast





Lunch Menu Week 3



MONDAY

Mexican beef pasta bake
V. Spinach and feta frittata
Peas and sweetcorn
Garlic bread
Salads
Jacket potato
Chocolate fudge cake
Fruit or Yogurt

TUESDAY

Roast gammon
V. Cheese and onion pasty
Broccoli and parsnips
Salads
Jacket potato
Toffee tart
Fruit or Yogurt

WEDNESDAY

Sausage Plait
V. Parmesan & roasted sweet
potato risotto
Cabbage and carrots
Sauté potatoes
Salads
Jacket potato
Chocolate Brownie
Fruit or Yogurt

THURSDAY

Chicken Korma
V. Vegetarian quiche
Salads
Jacket potatoes
Red velvet cake
Fruit or Yogurt

FRIDAY

Battered Cod
Fish Fingers
Sausages
Jacket Potato
Salads
Fruit or Yogurt





Supper Menu Week 3



MONDAY

Chicken & Bacon Burgers
Wedges
Salad and Coleslaw

TUESDAY

Mac and Cheese
Crusty Bread
Crudité's
Peas

WEDNESDAY

Meatball Sub
Corn on the cob

THURSDAY

Ham, egg and chips
Pineapple Salad

