## Week 3 Breakfast Menu - Not available at this time

#### **MONDAY**

Porridge
Pain au Chocolat

Selection of fruit juices

#### **THURSDAY**

Porridge

Sausage & baked beans

Selection of fruit juices

#### **TUESDAY**

Porridge

Scrambled egg with smoked salmon & warm muffins

Selection of fruit juices

#### **FRIDAY**

Porridge

American pancakes with syrup

Selection of fruit juices

#### **WEDNESDAY**

Porridge

Crumpets with grilled bacon

Selection of fruit juices

#### **SATURDAY**

Continental breakfast

#### **SUNDAY**

Full English breakfast

Selection of fruit juices

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## Week 3 Lunch Menu

#### **MONDAY**

V - Fusilli Pasta with green pesto
V - Quorn Sausage
Sausage, mash potato & onion gravy
Buttered green beans

Angel Delight

#### **TUESDAY**

V - Baked potato with baked beans Roast Chicken/roast lamb Roast potatoes, baton carrots

Hot Lemon Sponge

#### **WEDNESDAY**

V - Cheese and tomato quiche

V - Fusilli pasta with tomato & tarragon sauce

Gammon steak with fried egg
New potatoes, peas
Artic Roll

#### **THURSDAY**

V - Quorn & tarragon pie

V - Baked potato with baked beans Cottage pie, broccoli florets

Chocolate pear crumble

#### **FRIDAY**

V - Margarita pizza
Sausages, fish fingers, battered fish
Chips, peas & baked beans

Ice Iollies

#### **SATURDAY**

Not available at present

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## Week 3 Supper Menu - Not available at this time

#### **MONDAY**

V - Broccoli & mushroom
pasta bake
Garlic stir fry pork strips
Egg noodles, broccoli with
sesame seeds & soy sauce

Selection of cold desserts

#### **THURSDAY**

V - Squash & pepper risotto

Lamb patties in tortilla wrap

Choice of salad from the bar

Selection of cold desserts

#### **TUESDAY**

V - Spanish omelette
Turkey meat balls in tomato sauce
Creamy mashed potato
& green beans

Selection of cold desserts

#### **FRIDAY**

V - Roasted vegetables &
garlic fried rice
Indian style chicken curry
with naan bread
Choice of salad from the bar

Selection of cold desserts

#### WEDNESDAY

V - Baked potato with Quorn bolognaise Chinese chicken with stir fried vegetables

Selection of cold desserts

#### **SATURDAY**

V - Puff pastry pizza wheel
BBQ Beef with pitta bread & coleslaw
Selection of cold desserts

#### **SUNDAY**

V - Quorn sausage toad in the hole
Honey roast gammon, roast potatoes,
glazed carrots & buttered peas
Selection of cold desserts

# Spring Term 2021