## Week 4 Breakfast Menu - Not available at this time

#### **MONDAY**

Porridge

Crumpets with fruit topping

Selection of fruit juices

#### **TUESDAY**

Porridge

American pancakes

with syrup

Selection of fruit juices

#### **WEDNESDAY**

Porridge

Grilled bacon & tomatoes

Selection of fruit juices

#### **THURSDAY**

Porridge

Scrambled eggs

with waffles (Potato)

Selection of fruit juices

#### **FRIDAY**

Porridge

Pain au Chocolat

Selection of fruit juices

#### **SATURDAY**

Continental breakfast

#### **SUNDAY**

Full English breakfast

Selection of fruit juices

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### Week 4 Lunch Menu

#### **MONDAY**

V - Aloo gobi with courgette couscous
Beef hot pot, roast courgettes
& steamed cauliflower
Pasta tomato & tarragon
Baked potato & baked beans
Fruit pie with cream
Selection of cold desserts

#### **THURSDAY**

V - Mushroom & onion fu yung

Lamb tagine with stir fried vegetables
& garlic roasted courgettes
Pasta with tomato & garlic

Backed potato & baked beans

Sticky toffee pudding

Selection of cold desserts

#### **TUESDAY**

V - Mushroom risotto

Honey roast gammon, roast potatoes, mixed swede, turnips & broccoli

Pasta with pesto

Baked potato & baked beans

Apple sponge turnover with cream

Selection of cold desserts

#### **FRIDAY**

V - Vegetable spring rolls

Battered fish fillets, fish fingers

or sausage

Chips, mushy peas, baked beans

& garden peas

Jelly

#### **WEDNESDAY**

V - Spinach & ricotta filo tart
Chicken curry with vegetable rice
Roast aubergines & peas
Pasta with cheese sauce
Baked potatoes & baked beans
Chocolate sponge with ganesh topping
Selection of cold desserts

#### **SATURDAY**

Not available at present





## Week 4 Supper Menu - Not available at this time

#### **MONDAY**

V - Spicy stir fried vegetable wrap

Gammon steak with pineapple,
Paprika potato wedges
& corn on the cob

Selection of cold desserts

#### **THURSDAY**

V - Tomato & parmesan risotto

Honey roast pork chops, Mustard mash & peas

Selection of cold desserts

#### **TUESDAY**

V - Mushroom & spinach
pastry turnover
Sheppard's pie, green beans
& cauliflower

Selection of cold desserts

#### **FRIDAY**

V - Mixed bean chilli in tacos
Piri Piri turkey strips in tacos
Courgette salad in lime
& olive oil dressing
Selection of salad from the bar

Selection of cold desserts

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#### WEDNESDAY

V - Chinese vegetable spring rolls
Seekh kebabs in wraps
Carrot & sesame seed salad
Cucumber & minted yoghurt

Selection of cold desserts

#### **SATURDAY**

V - Ratatouille & halloumi bake

Spaghetti bolognaise with garlic bread

Selection of salad from the bar

Selection of cold desserts

#### **SUNDAY**

V - Roast vegetable quiche
Roast chicken with roast potatoes, baton
carrots & buttered savoy cabbage
Selection of cold desserts