

Week 3 Breakfast Menu

MONDAY

Pancakes, syrup & berries

Selection of fresh fruits

TUESDAY

Breakfast burritos - smoked salmon, egg & spinach

Or bacon, egg & avocado

Melon wedges

WEDNESDAY

Bacon & tomato panini

Emmental & mushroom panini

Tropical fruits

THURSDAY

Soft boiled eggs with asparagus soldiers

Greek yoghurt, honey & berries

FRIDAY

Cheese twists

Fresh fruit wedges

SATURDAY

Poached eggs, grilled bacon & mushrooms

SUNDAY

Full English breakfast

Summer Term 2021



Week 3 Lunch Menu

MONDAY

V - BBQ vegan meatballs
Sweet & sour chicken Hong Kong style
Chinese prawn curry
Egg fried rice
Stir fried Asian vegetables
Tuna & sweetcorn salad,
Cheese & coleslaw salad
Baked potato with baked beans
Apple & cherry crumble with custard
Fresh fruit pots & yoghurts

TUESDAY

V - Vegan lasagne
Roast beef & Yorkshire pudding
Smoked haddock & mozzarella fishcakes
Roast potatoes, carrots & cabbage
Cajun salmon salad, Greek salad
Pasta with sweet pepper & tomato sauce
Vanilla sprinkles cake
Fresh fruit pots & yoghurts

WEDNESDAY

V - Chilli beans & nachos
West Hill Park Secret crispy coated chicken burgers
Mild spiced salmon burrito
Sweet potato fries, buttered corn
Prawn & mayo salad, ham & cheese ploughmans
Baked potato with cheese & coleslaw or Mediterranean tuna
Mini chocolate doughnuts
Fresh fruit pots & yoghurts

THURSDAY

V - Vegetable risotto
Shepherds pie
Seafood paella
Steamed broccoli & cauliflower
Smoked mackerel salad,
Moroccan chicken salad
Pasta with tomato & black olive sauce
Syrup sponge & custard
Fresh fruit pots & yoghurts

FRIDAY

V - Crispy vegetable burger in a brioche bun
Battered fish, fish fingers or sausages
Chips, garden peas or mushy peas
Cheese salad
Ham salad
Baked potato with baked beans
Ice lollies
Fresh fruit pots & yoghurts

SATURDAY

West Hill Coffee Shop

Choice of artisan breads filled to order

Selection of crisps & savoury snacks

Cakes, pastries or chocolate bar

Summer Term 2021



Week 3 Supper Menu

MONDAY

Spaghetti with choice of sauce:
Bolognese
Arrabiata
Carbonara
Garlic doughballs & mixed salad
Selection of cold desserts

TUESDAY

V - Falafels in warm pitta
Home made doner style kebabs
Tzatziki, sweet chilli sauce
Jalapenos & salad
Selection of cold desserts

WEDNESDAY

BBQ
Selection of cold desserts

THURSDAY

V - Roasted courgette, sunblushed
tomato & goat's cheese flat bread
Pulled pork & appleslaw
Flatbreads
Crudites & dips
Selection of cold desserts

FRIDAY

V - Vegetable jalfrazi
Chicken tikka masala
Prawn rogan josh
Basmati rice
Onion bhaji, popadoms,
Mango chutney, rahita & salad
Selection of cold desserts

SATURDAY

BBQ
Selection of cold desserts

SUNDAY

Roast chicken
Sage & onion stuffing
Roast potatoes, broccoli, carrots
& peas
Selection of cold desserts

Summer Term 2021

