

# Week 3 Breakfast Menu

## MONDAY

Pain au chocolate  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jams  
Greek yogurt & honey  
Fresh fruit juice

## TUESDAY

Bacon, potato waffles, baked beans  
& scrambled eggs  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jams  
Greek yogurt & honey  
Fresh fruit juice

## WEDNESDAY

Blueberries, yogurt & honey  
breakfast muffin  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jams  
Greek yogurt & honey  
Fresh fruit juice

## THURSDAY

Soft boiled eggs with sour dough  
soldiers  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jams  
Greek yogurt & honey  
Fresh fruit juice

## FRIDAY

Ham & cheese croissants  
Cheese & tomato croissants  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jams  
Greek yogurt & honey  
Fresh fruit juice

## SATURDAY

Selections of pastries & brioche

## SUNDAY

Full English breakfast

# Summer Term 2022



# Week 3 Lunch Menu

## MONDAY

V - Vegetable enchilada  
Tuna pasta bake  
Beef hot pot  
Green beans & sweetcorn  
Jacket potato & baked beans  
Choice of salads

Apple & rhubarb crumble & custard  
Fresh fruit pots & yoghurts

## TUESDAY

V - Goat's cheese & roasted vegetable  
roulade  
Salmon & broccoli quiche  
Roast loin of pork  
Roast potatoes, carrots & savoy  
cabbage  
Pasta with tomato & garlic sauce  
Choice of salad

Warm honey & lemon cake with cream  
Fresh fruit pots & yoghurts

## WEDNESDAY

V - Vegetable paella  
King prawn korma  
Chicken katsu curry  
Basmati rice  
Sweetcorn & edamame beans  
Jacket potato & baked beans  
Choice of salads

Caramel sponge & custard

## THURSDAY

V - Pea & mushroom risotto  
Fish pie  
Shepherds pie  
Broccoli & carrots  
Pasta with tomato & roast vegetable sauce  
Choice of salads

Chocolate sponge with chocolate sauce  
Fresh fruit pots & yogurts

## FRIDAY

V - Quorn buttermilk style burger in a  
bun with lettuce & mayonnaise  
Battered fish, fish fingers or sausages  
Chips, garden peas or mushy peas  
Choice of salad  
Baked potato with baked beans

A selection of cold desserts  
Fresh fruit pots & yogurt

## SATURDAY

West Hill Coffee Shop

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Choice of filled rolls & sandwiches

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Selection of crisps & savoury snacks

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Cakes, pastries or chocolate bar

# Summer Term 2022



# Week 3 Supper Menu

## MONDAY

V - Crispy vegetable burger in a bun  
with lettuce & mayo  
Homemade Moroccan lamb  
burgers in a bun with lettuce &  
mayo  
French fries & mixed salad  
Selection of cold desserts

## TUESDAY

V - Piri piri halloumi & vegetable  
wraps  
Nandos style chicken  
Spicy Portuguese rice  
Mini corn on the cob  
Garlic bread, mixed olives &  
homemade coleslaw  
Portuguese custard tarts

## WEDNESDAY

V - Chef's vegetarian options  
BBQ style meats  
Mixed salads  
  
Fresh fruit platter

## THURSDAY

V - Penne pasta Alfredo  
Spaghetti bolognese  
Garlic bread  
Mixed salads

Trifle

## FRIDAY

Themed Supper

## SATURDAY

Family style supper with the  
boarding team

## SUNDAY

Roast turkey & cranberry sauce  
Cauliflower & broccoli gratin  
Roast potatoes  
Parsnips, carrots & peas

Ice cream

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