



# Week 2 Breakfast Menu



## MONDAY

Belgian waffles, bacon and  
maple syrup  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jam  
Greek yogurt & honey  
Fresh fruit juice

## TUESDAY

Poached eggs, hash browns &  
baked beans  
Selection of fresh fruit  
Choice of cereals  
Toast & jam  
Greek yogurt & honey  
Fresh fruit juice

## WEDNESDAY

Bagels with smoked salmon &  
scrambled eggs  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jam  
Greek yogurt & honey  
Fresh fruit juice

## THURSDAY

Bacon Rolls  
Quorn sausage Baps  
Choice of cereals  
Toast & jam  
Greek yogurt & honey

## FRIDAY

Pancakes with berries & maple  
syrup  
Porridge  
Selection of fresh fruit  
Choice of cereals  
Toast & jam  
Greek yogurt & honey  
Fresh fruit juice





# Week 2 Lunch Menu



## MONDAY

V - Mixed bean chilli  
Chilli Con Carne  
Basmati rice & tortilla chips  
Garden peas  
Tuna pasta bake  
Choice of salads  
Jacket potato & baked beans  
Apple pie and custard

## TUESDAY

V - Falafels in a warm pitta with  
salad and mint yoghurt  
Fish with cheese & chive sauce  
Honey roast ham  
Roast potatoes, carrots & green  
beans  
Pasta with Tomato and herb  
sauce  
Choice of salads  
Sticky toffee pudding with  
custard

## WEDNESDAY

V - Pea & mushroom risotto  
Chicken & tarragon pasta bake  
King prawn, soy and spring onion  
noodles  
Steamed broccoli and sweetcorn  
Choice of salads  
Jacket potato & baked beans  
Lemon sponge & lemon sauce  
Fresh fruits & yoghurts

## THURSDAY

V - Vegetarian sausages  
Pork sausages  
Smoked haddock fishcakes  
Mashed potatoes, carrots &  
garden peas  
Choice of salads  
Pasta with tomato & tarragon  
sauce  
Fresh fruit & yoghurt  
Caramel sponge & cream

## FRIDAY

V - Cheese & tomato pizza  
Battered fish, fish fingers or  
sausages  
Chips & mushy peas or garden  
peas  
Choice of salads  
Selection of cold desserts  
Fresh fruit & yoghurt





# Week 2 Supper Menu



## MONDAY

V - Quorn fillet with BBQ sauce  
and cheese

New York Chicken

Potato wedges and sweetcorn

## TUESDAY

Jacket potatoes with a choice  
of:

V - Baked beans and cheese

Beef chilli

Chicken curry

Tuna, mayo and sweetcorn

## WEDNESDAY

V- Quorn Buttermilk Burger

Chicken burger in a brioche bun

French fries

Garden peas or baked beans

## THURSDAY

V - Vegetable stir fry

Chinese style chicken balls with  
sweet and sour sauce

Soy and sweet chilli noodles

