

Week 3 Breakfast Menu



MONDAY

Pain au chocolate Porridge Selection of fresh fruit Choice of cereals Toast & jams

TUESDAY

Paninis with a choice of fillings Porridge Selection of fresh fruit Choice of cereals Toast & jams Fresh fruit juice

WEDNESDAY

Boiled eggs and soldiers Porridge Selection of fresh fruit Choice of cereals Toast & jams Fresh fruit juice

THURSDAY

Pancakes with bacon and maple syrup Selection of fresh fruit Choice of cereals Toast & jams Fresh fruit juice

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FRIDAY

Ham & cheese croissants Cheese & tomato croissants Porridge Selection of fresh fruit Choice of cereals Toast & jams Fresh fruit juice



Week 3 Lunch Menu



MONDAY

V - Quorn tikka masala Lamb rogan josh Fish tortilla wraps Basmati rice, sweetcorn and edamame beans Jacket potato and baked beans Apple and sultana crumble and cream Fresh fruit pots & yoghurts

WEDNESDAY

V - Macaroni cheese Beef chow mein Vegetable risotto Garden peas Jacket potato & baked beans Choice of salads

Cherry sponge & custard

FRIDAY

 V - Quorn buttermilk style burger in a bun with lettuce & mayonnaise Battered fish, fish fingers or sausages
Chips, garden peas or mushy peas Choice of salad
Baked potato with baked beans
A selection of cold desserts
Fresh fruit pots & yogurt

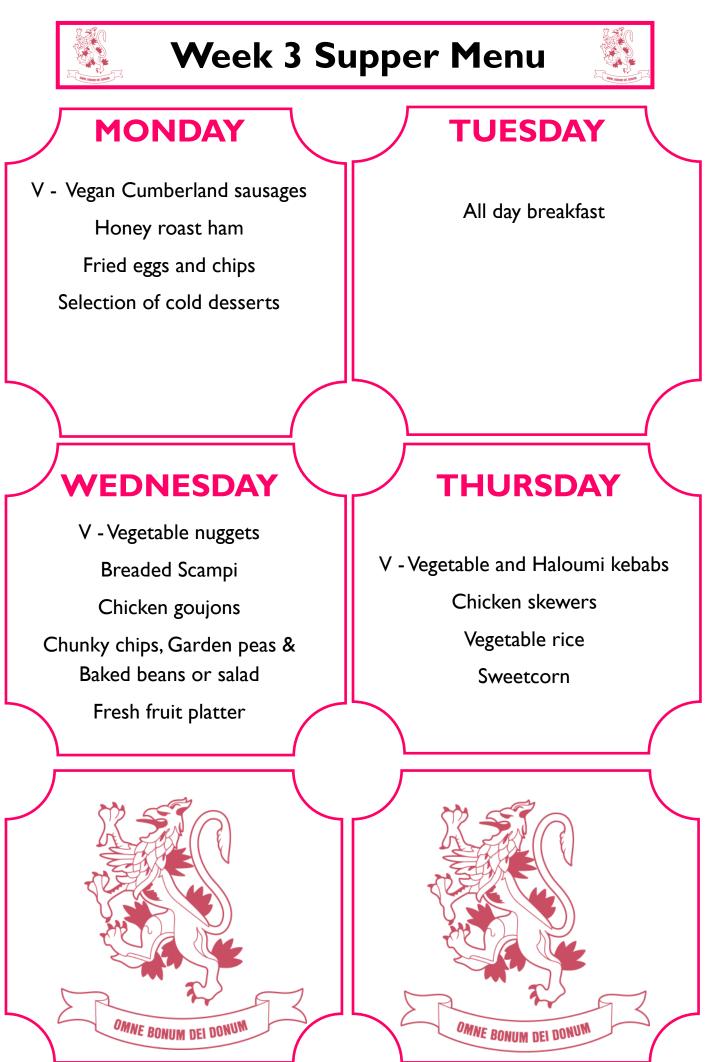
TUESDAY

V - Goat's cheese & roasted vegetable roulade Salmon & broccoli quiche Roast pork Roast potatoes, carrots & savoy cabbage Pasta with tomato & garlic sauce Choice of salad Warm honey & lemon cake with cream Fresh fruit pots & yoghurts

THURSDAY

V - Quorn and tarragon hotpot. Chicken hot pot Seafood gratain Broccoli & carrots Pasta with tomato & sausage sauce Choice of salads Carrotts and green beans Chocolate sponge with chocolate sauce Fresh fruit pots & yogurts

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Spring 2023