



Breakfast Menu Week 3



MONDAY

Ham and cheese croissant
Cheese and tomato croissant
Porridge
Choice of cereals
Fresh fruit
Toast and jam

TUESDAY

Sausage, beans, hash brown
Porridge
Choice of cereals
Fresh fruit
Toast and jam

WEDNESDAY

Belgian waffles with fruits
Porridge
Choice of cereals
Toast and jam

THURSDAY

Scrambled eggs on toast
Porridge
Choice of cereals
Fresh fruit
Toast and jam

FRIDAY

Bacon rolls
Porridge
Choice of cereals
Fresh fruit
Toast and jam
Fruit juice





Lunch Menu Week 3



MONDAY

V.Veggie falafel wrap
Chilli Nachos
Veg of the day
Salads
Jacket potato
Rocky road
Fruit
Yogurt

TUESDAY

V. Chilli and rice
Roast pork
Roast potatoes
Veg of the day
Apple Sauce
Salads
Jacket potato
Ginger sponge with Lemon sauce
Fruit
Yogurt

WEDNESDAY

V. Roasted butternut squash risotto
Chicken and ham pie
New potatoes
Veg of the day
Salads
Jacket potato
Trifle
Fruit
Yogurt

THURSDAY

V. Roasted vegetable pasta bake
Beef stir fry noodles
Vegetable spring roll
Veg of the day
Salad
Jacket potatoes
Summer fruit cheesecake
Fruit
Yogurt

FRIDAY

V.Veggie Steak
Battered cod
Fish fingers
Sausages
Chips
Peas and beans
Choc-ice
Fruit
Yogurt





Supper Menu Week 3



MONDAY

V. Mushroom taglietelle

Pasta carbonara

Crusty roll

Salad

Sweet treat

TUESDAY

V. Barbecue quorn panini

Barbecue chicken panini

Crisps

Salad

Sweet treat

WEDNESDAY

V. Veggie burger

Bacon cheeseburger

Wedges

Coleslaw

Sweet treat

THURSDAY

V. Veggie wrap

Chicken goujons wrap

Salad

Sweet treat

