



Breakfast Menu Week 1



MONDAY

Poached eggs on toast
Porridge
Cereals
Fruit juice

TUESDAY

Ham and cheese or cheese and
tomato paninis
Porridge
Cereals
Fresh fruit
Fruit juice

WEDNESDAY

Pain au chocolate
Porridge
Cereals
Fresh Fruit
Toast and jams
Fruit juice

THURSDAY

Pancake with bacon and maple
syrup
Porridge
Cereals
Fresh fruit
Toast and jam
Fruit juice

FRIDAY

Bacon rolls
Porridge
Cereals
Fresh fruit
Toast and jam
Fruit juice





Lunch Menu Week 1



MONDAY

V. Cottage pie
Chicken tikka
Rice and naan
Green beans
Jacket potato - tuna or cheese
Fruit crumble and cream
Fruit or yogurt

TUESDAY

V. Cheese and onion pasty
Roast ham
Roast potatoes
Mixed veg
Gravy
Jacket potato, beans and cheese
Jam sponge and custard
Fruit or yogurt

WEDNESDAY

V. Tomato and basil quiche
Mediterranean chicken
New potatoes
Peas
Jacket potato - tuna or cheese
Broccoli
Banoffee pie
Fruit or yogurt

THURSDAY

Lasagne
V. Roasted veg with tagliatelle
Sweetcorn
Garlic bread
Warm chocolate brownie, cream
Fruit or yogurt

FRIDAY

Vegetarian Pizza
Battered cod
Fish cakes
Peas, mushy peas
Jacket potato with beans
Ice cream
Fruit or yogurt





Supper Menu Week 1



MONDAY

Hot sub rolls
V. Vegan sausages
Grilled chicken
Salad, crisps
Cake

TUESDAY

Chicken skewers
Vegetable and haloumi skewers
Vegetable rice
Sweetcorn
Ice cream

WEDNESDAY

Cheese burger with French fries
Spinach and falafel burger
Mini muffins

THURSDAY

Chicken Fajita
Quorn Fajita
Salad
Cookies

