



Breakfast Menu Week 3



MONDAY

Pancakes with bacon and maple
syrup
Porridge
Selection of cereals
Toast and jam
Fresh fruit

TUESDAY

Eggs, hash browns and beans
Porridge
Selection of cereals
Toast and jam
Fresh fruit

WEDNESDAY

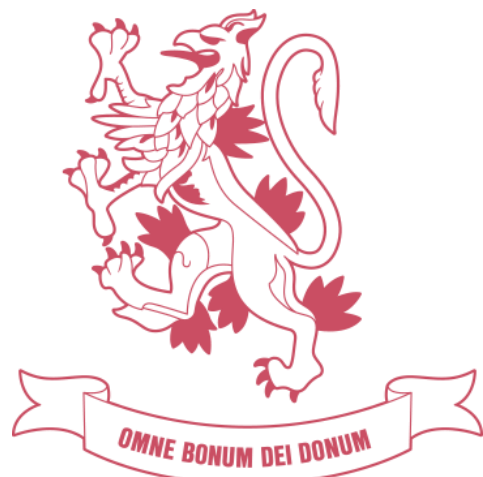
Belgian waffles with fruits
Porridge
Selection of cereals
Toast and jam
Fresh fruit

THURSDAY

Scrambled eggs on toast
Porridge
Selection of cereals
Toast and jam
Fresh fruit

FRIDAY

Bacon rolls
Porridge
Selection of cereals
Toast and jam
Fresh fruit





Lunch Menu Week 3



MONDAY

Spaghetti Bolognese (v)
Bangers and mash
Carrots
Salads
Jacket potato
Pineapple sponge
Fruit or yogurt

TUESDAY

Spinach and ricotta cannelloni (v)
Roast ham
Cauliflower and peas
Salads
Jacket potato
Chocolate torte
Fruit or yogurt

WEDNESDAY

Roasted vegetable frittata (v)
Chilli pasta bake
Garlic bread
Mixed vegetables
Salads
Jacket potato
Treacle tart
Fruit or yogurt

THURSDAY

Vegetable noodles (v)
Katsu chicken
Broccoli
Salads
Jacket potato
Chocolate sponge
Fruit or yogurt

FRIDAY

Pizza (v)
Battered fish
Fish fingers
Sausages
Chips
Peas or beans
Selection of cold desserts
Fruit or yogurt





Supper Menu Week 3



MONDAY

Korma
Rice
Poppadoma

TUESDAY

Nachos
Corn on the cob

WEDNESDAY

Stir fried chicken
Stir fried vegetables
Noodles

THURSDAY

Cheese and bacon burger
Chips
Salad

