



Week 3 Breakfast Menu



MONDAY

Waffles with berries
Porridge
Selection of fresh fruit
Choice of cereals
Toast & jams

TUESDAY

Sausage, egg and grilled tomato
Porridge
Selection of fresh fruit
Choice of cereals
Toast & jams
Fresh fruit juice

WEDNESDAY

Toasted muffins with bacon and cheese
Porridge
Selection of fresh fruit
Choice of cereals
Toast & jams
Fresh fruit juice

THURSDAY

Cinnamon danish
Selection of fresh fruit
Choice of cereals
Toast & jams
Fresh fruit juice

FRIDAY

Bacon Rolls
Porridge
Selection of fresh fruit
Choice of cereals
Toast & jams
Fresh fruit juice





Week 3 Lunch Menu



MONDAY

V - Thai curry
Carbonara with garlic bread
Sweet corn
Jacket potato and baked beans or cheese
Choice of salads
Syrup sponge and custard
Fresh fruit pots & yoghurts

TUESDAY

V - Roasted vegetable quiche
Roast pork loin
Roast potatoes, carrots & savoy cabbage
Jacket potato with cheese or Baked beans
Choice of salads
Fresh fruit pots & yoghurts

WEDNESDAY

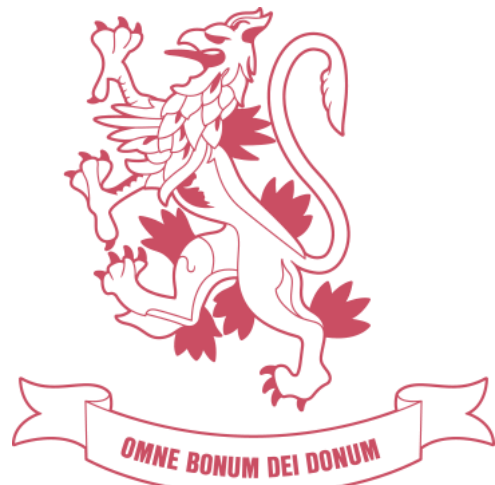
V - Cottage pie
Chicken, ham and leek pie
Garden peas and carrots
Saute potatoes
Jacket potato, cheese or baked beans
Choice of salads
Flapjacks
Fresh fruit pots & yoghurts

THURSDAY

V - Vegetable cobbler
Sausage and mash
Broccoli and cabbage
Jacket Potato with cheese or baked beans
Choice of salads
Chocolate cake
Fresh fruit pots & yogurts

FRIDAY

V - Pizza
Battered fish, fish fingers or sausages
Chips, garden peas or mushy peas
Choice of salad
Jacket potato with baked beans
A selection of cold desserts
Fresh fruit pots & yogurt





Week 3 Supper Menu



MONDAY

Ham, eggs and chips
Peas

TUESDAY

Chicken Korma
Rice
Popadoms

WEDNESDAY

Lasagne and garlic bread
Salad

THURSDAY

Chicken Goujons
And
Corn on the Cob wraps

